

St. Elizabeth Roman Catholic Church

REV. FR. MARTIN NDYANABO, PAROCHIAL ADMINISTRATOR

REV. MR. FRED JARDINE, PERMANENT DEACON

*St. Elizabeth Parish is a faith-filled community, built on the example of hospitality shown by St. Elizabeth herself.
We welcome and celebrate people from all walks of life, and we strive to learn from Sacred Scripture, our
Catholic tradition, the Sacraments, and one another.*

*We are committed to nurturing the spiritual, physical, and emotional well-being of all we encounter.
Above all, we spread the joy and love of Christ's Gospel of life in our Parish, neighborhood, and to all nations.*



SUNDAY MASSES

Saturday: 4:30 p.m.

Sunday: 9:00 a.m.

Sunday including Children's Liturgy: 10:30 a.m.

Hungarian Mass: 12:00 p.m.

CONFESSIONS

Saturdays: 3:30 p.m. - 4:00 p.m. or by appointment.

BAPTISMS

Please call parish office at 613-725-2242.

WEEKDAY MASSES

Tuesday - Friday: 9:00 a.m.

Adoration of the Blessed Sacrament - 8:30 a.m.

Holy Rosary - 8:30 a.m.

First Fridays: Anointing of the Sick at Daily Mass

WEDDINGS

To be arranged 6 months in advance.

1303 LEASIDE AVE., OTTAWA, ONTARIO K1Z 7R2 TEL 613-725-2242

st.elizabethparish@rogers.com

stelizabethottawa.ca

*"Moved with pity, Jesus stretched out his hand
and touched him, and said to him,
"I do choose. Be made clean!"*

Mark 1:42

Mass Intentions for the Week

Tuesday, February 16: Weekday

9:00 a.m., Soul of Marc Anthony Pinto
by Cecilia Pinto

Wednesday, February 17: Ash Wednesday

9:00 a.m., Soul of Pasquale Zito by Lilia Zito

Thursday, February 18 : Weekday

9:00 a.m., Birthday Blessings on Peggy Artelle
by Terry Normoyle

Friday, February 19: Weekday

9:00 a.m., Soul of Ceceila Hastings
by Charles Hastings

Healing for Stella Normoyle by Terry Normoyle

Saturday, February 20: Saturday Vigil

4:30 p.m., Blessings on Deacon Fred & Family
by Terry Normoyle
For All Parishioners

Sunday, February 21: 1st Sunday of Lent

9:00 a.m., Soul of Tom Murphy
by Sylvia & Mike Hammill
Blessings on Fr. Martin & Family
by the Normoyle Family

Sick in Our Parish

We pray for all those who have died, especially
Katherine Sabourin niece of **Deacon Fred Jardine**
and all those who mourn them.

**We pray for the sick of our Parish and for all
those who care for them, especially for:**

Tereza Adam, Elina Anker, Joan Aubrey,
Sarah Bowie, Gerti Chapman, Emiliana Cabuga,
Jeff Carroll, Tony Dean, Rosa Delascio,
Tristan Denis, Lynn Dobson, Margaret Doherty,
Elza Feher, Eileen Frattini, Johanne Gagnon,
Jodi Graham, Raymond Joly Sr., Gordon Kane,
Allan Kelly, Norina Lachance, Rick Lachance,
Marlyn McAndrew, Gerald Normoyle,
Stella Normoyle, Greg Patacairk, Myra Anne Powell,
Pat Redmond, Margaret Scissons,
David Simpson, Mary Sullivan, Flo Sully,
Bob Tait, Lamomba Tito, Susan White, Sylvia Zito

St. Elizabeth Parish Altar Servers



4:30 p.m. Paul Obinna, Treasure
Agazuma, Emmanuel Agazuma
9:00 a.m. Bridgid Oghenetano,
Claire Omamuzo, Odilia Ogbundu
10:30 a.m. Joseph Uwayezu,
Rodrigue Uwumukiza,
Jyuan Almario, Mary Chukwu,
Imena Ame, Emmanuella Chukwu,
Stephanie Chukwu

Canadian Tire Money Count: \$271.08

**Thank you for supporting the work
and ministry of St. Elizabeth Parish.
Regular Collection for Jan. 31, Feb. 7: \$ 2406.00**

Poor Fund: \$622.00

Maintenance: \$788.00

Parish Events This Week

Check Facebook for live feed of weekday and
weekend masses.

Bequests and Wills

In your kindness, please remember St. Elizabeth Parish
in your bequests and wills. If anyone wishes to make
such a bequest in their will, the following clause may
be included or added to a will or added by codicil: *"I
give, devise and bequeath the sum of \$.... to St.
Elizabeth Church, Ottawa, to be used in the
administration of the pastoral activities of the parish."*

Sign Up For Pre-Authorized Debit: We are now
able to offer our parishioners the chance to sign up
for pre-authorized debit payments to donate during
these difficult times for individual churches. If you
would like to know more about this service please
contact the parish office.



***Follow us on
facebook!!***

Website:

www.stelizabethottawa.ca

In the Parish



Lenten Reflection from Fr. Martin:

Brothers and Sisters

Grace and Peace to you from God, who is always bringing us to life.

God creates us in love and for love. But because we have been imperfectly loved we love imperfectly. In fear we lose our trust in God. We fear death and the self-sacrifice of love. We become self-protective and self-centered, diminished in our ability to live in harmony with God or others. This fear and separation is sin.

Since our life comes from God alone, sin, our separation from God, means death. This doesn't mean we suddenly fall over and die, nor does it mean any kind of condemnation. It just means that we're uprooted from the Source of life. Our lives are shallow, pinched, one-dimensional. So in repentance we struggle against whatever leads us away from love of God and neighbor. We turn back to God, back to love—back to life.

We begin by confessing our sin, seeking God's forgiveness. We leave behind old, life-diminishing ways of thinking, feeling and acting. We practice receiving and internalizing God's forgiveness. (Yes, because of our fear and shame it takes practice.) And having been set free from our old lives by God's grace, we practice new ways of living.

So we enter into Lent, the season of forty days of repentance and purification in preparation for the new life of Easter. As we enter the Lenten season, we shall start with the ceremony of the Ashes which are a biblical symbol of mourning and repentance; they remind us of our mortality and the impermanence of life; and they suggest renewal, the burning of old sins, old ways of living, like burning a mortgage. They remind us that we are Creatures and God is Creator: we are made from the dust of the ground, and God alone breathes life into us. We present ourselves as dust to God, that God may breathe God's Spirit into us and create us anew. Covered with the dust of the desert, we journey from death to life.

Of course we can't make that journey alone. We follow Jesus. God reaches out to us in Christ's self-giving, his suffering for our sake and his forgiveness.

Following Jesus isn't just a religious hoop we jump through; it's how we come back to life: Christ leads us back to God, back to ourselves and to our love of neighbor. The journey goes by way of the cross. It's not a matter of self-improvement: it's death and resurrection. We surrender our lives to God, and God gives us new, eternal, loving ones. We die and are raised to new life.

This is good news. Lent is not a dreary, doom-and-gloom season. It's a time of gestation, preparing to be born again on Easter. Some people fret over "what to give up for Lent." Jesus coaches us to engage in the traditional practices of prayer, fasting and almsgiving not as a burden or obligation, but with joy and gratitude. We are being set free! In prayer we turn our hearts and minds to God. In fasting or abstinence we experience freedom from the dictates of desire. In acts of mercy and justice we practice loving our neighbors. Thank God for the gifts of these spiritual practices.

As we pray this Lent, let God lead us from death to life: God knows we have mourned enough. But we know that for every Good Friday, there is the Resurrection after. That is why we go through this Lenten Season full of hope.

Fr. Martin Ndyanabo



Ash Wednesday Service:

This year Ash Wednesday falls on February 17th. Due to Covid restrictions the church will be open for scheduled time slots for parishioners to receive ashes. There will be the usual daily mass at 9:00 a.m. and time slots begin at 10:00 a.m. and every half hour after that till 5:00 p.m. We can accommodate 10 people in the church as per the guidelines. In order to receive ashes please call the parish office at 613.725.2242 to book a time slot.

Stations of the Cross every Friday during Lent:

On Friday's at 7:00 p.m. we will be having Stations of the Cross during Lent. The Stations will be led by the Ladies Auxiliary. Depending on the provincial guidelines we hope to be able to accommodate more parishioners in the church.



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